



NEWS LETTER of LAKELAND LUTHERAN Church

Cold Lake, Alberta

780-639-4673

Church Office Hours:

Monday-Thursday 9:00am-12pm

lakelandlutheran@telus.net

December 2020

January 2021



Advent - a season of waiting - waiting in anticipation for the promise of a Saviour. In this time of Covid we too wait - wait for a reprieve - a glimmer of hope - perhaps in the form of a vaccine or the downward trend of the second wave. The people of faith waited from the time of Adam and Eve till the birth of Jesus of Nazareth for the promise to be fulfilled. Hopefully we do not have to wait that long for this pandemic to be a part of history but while we wait - God is present. Even in the increased precautions announced for Alberta on Monday November 24th, God is with us. When Jesus was born, many did not recognize that the promise had come. In this challenging time, are there opportunities that we can recognize and even give thanks for? In the unavoidable loneliness, additional stresses and fears of the unknown future can we find glimmers of creativity and innovation that gives hope and shall I be so bold as to sayjoy?

Yes we can and we have. Many thanks to the council, committee chairs and committee members for the heart they have to serve this family of faith and the creative ways they have found to express it. Thanks to Kathy, our office administrator for her dedication as well. And to Hosanna, the Synod office, and those in our local and larger community for the love and help, shown to us. So yes, there can be thanks and joy.

God has a plan and a time for his plan to be fulfilled. In reflection of where we are - not being able to worship or meet together in our facility, not having Pastor AnnE and Joel here with us, could it have been mercy in God's plan for their absence to be necessary at a time when their ministry would be missed the least and there would be new ways to do what is needed? Had we not been in a pandemic, and our ministry services, plans, and projects been continuing as they had before the shut downs, would we have been so blessed by all the ways technology has been able to help us continue to be a community of faith here in Cold Lake. Would our hunger for worship and the Word be the same? Would we find the time to connect with each other, to reach out to neighbours and friends who are vulnerable? Would we be willing to accept new ways of being God's hands to a hurting world?

Yes this virus is terrible and continues to be and we cannot wait for it all to be over. But... just as Adam and Eve, and all those to Mary and Joseph, and those who converted after, we must remain planted in the promise of salvation, the promise that was born at Christmas, realized Good Friday, and sealed for all of us at Easter when the tomb seal was shattered by the power of resurrection.

I saw a tee shirt last summer that had a saying on it - Underestimate me - ya, that will be fun. Imagine God wearing that shirt. Too often we underestimate what He can do, what is possible.

So while we wait to celebrate Christmas and wait for a return to social closeness, let us not weary of well doing. Let us continue to be creative and expand the ministry we are each called to be a part of.

Merry Christmas dear family - Happy New Year too. Stay safe and God bless us - everyone!!!



December 2020 Message for Congregations and Lay and Rostered Leaders

Dear Beloved of God –

As a child I delighted in viewing CBC Hymn Sing on my grandparents black and white television screen with my identical twin and three younger siblings. I loved the arrangements of the familiar hymns, as well as the physical arrangement of the choir. Often at night for many years my brother and I would sing the concluding Hymn Sing benediction before we closed our eyes.

I was enthralled as the Von Trapp family sang during the movie, *The Sound of Music*. My siblings and I would break out into our own musical renditions often performing for family and friends.

Together we sang for weddings and celebrations, with our mother at the piano. As children our song favorite was a version of a hymn sung now at all family funerals, “Children of the Heavenly Father,” with a simple descant line that soared into the heavens.

And then I began to play for worship. My piano playing often in duet fashion with the organ. Soon my cousin and I were leading the singing during Sunday School openings.

My love for music continued post-High School with piano performance serving as my second major. Accompanying college musicals and voice and instrumental majors, leading congregational song from the piano during chapel services, playing for convocations and graduations.

And, playing for my own personal need. When I needed to step away, or forget, or rest, or vent, or weep.

These past months I have returned again and again to music as a spiritual practice.

Music has again become my prayer, for music is life-giving for me – body, mind, and spirit – a spiritual practice that grounds me, refreshes me, and quietens me when I am inclined to go madly off in all directions. I am reminded of Luther’s words that, “next to the Word of God, the noble art of music is the greatest treasure in the world.”

Music, in these past months, has served as a reminder to me of what it is that I believe. Music and text seep into my bones in ways that didactic information never will. Music sinks under my skin shaping the very way I perceive this world – this uncertain time.

Music, in these past months, has been born anew in me for music, profound music, is born at times when there is no other possible way for something to be expressed. Here I am mindful of

the words of Aldous Huxley, who in his magnificent essay titled, "The Rest is Silence," said: "After silence, that which comes nearest to expressing the inexpressible is music."

Music, in these past months, has connected my experience with that of the people of God of all times and places. The incredible and moving performances of individuals gathered around the world via technology to sing, to dance, to make music together. The grandmother cradling and humming gently to the child who is afraid. Those gathered to grieve and mourn the death of a church leader from this vicious virus and hearing the trumpet proclaim God's presence and resurrection promise.

Cellist Yo-Yo Ma often shares the story of the first concert he played after September 11. In the face of that country's catastrophic loss, the orchestra members wondered: Do we play, or do we cancel? Together, they chose to continue with the performance as planned. Remembering that moment, he wrote, "Music will be the way that we will come together, because we're asserting ourselves as a community, as a people, as a city, as whatever. And we need to be together." Yes, together.

Music as spiritual practice. Life-giving music.

Recently I have learned a new hymn which continues to make its entry into my life. "God of the Movements and Martyrs." This hymn was written by David LaMotte on a commission from the North Carolina Council of Churches in honor of their 85th Anniversary. It was arranged and recorded in six different styles by five different artists and premiered the week of June 15, 2020. Search the hymn title on YouTube. Please.

The lyrics form images which come repeatedly to my mind. The melody is simple and memorable. The cadences locate me in God. I am grounded, refreshed and quietened. The hymn is life-giving. It shapes my perception of the world even in this time. It expresses profoundly what is not easily, if at all, able to be expressed. It connects my experience with others, bringing us together.

Music as spiritual practice.

The God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit. Romans 15:13

In Christ Jesus –
Shalom,
+Larry

ADVENT CHOICES

With Advent starting Sunday 29th November I hope you watched the children's video with Bernie and Marlene, posted on our website. What terrific hints and directions they had about making your own Advent wreath. All you need is your choice of materials, 3 blue candles, 1 pink one and 1 white one. By making your own wreath you could join in with Hosanna's service each Sunday and light your candles as they light theirs.

It would also be nice if you took a picture of your wreath and sent it to Kathy at the church or better yet, if possible, have someone take a picture of you lighting your candles. Bernie will then include these pictures in her Advent video. It is a way to keep us connected with each other.

Here is the order for lighting the candles: Nov 29th one blue candle for HOPE



Dec 6th two blue candles for PEACE

Dec 13th two blue candles and 1 pink one for JOY

Dec 20th all the blue ones and the pink one are lit for LOVE

Dec 24th all the candles are lit including the white one as
your Christ Candle

Once the service is completed you could do the prayers and readings that are listed below.

Just remember this is your time for reflection.

2020 ADVENT READING GUIDE

First week in Advent

Nov 29 – Psalm 24; Genesis 3: 8-19
Nov 30 – Psalm 122; Genesis 12: 1-9
Dec 1 – Psalm 33; Genesis 49: 8-12
Dec 3 – Psalm 18: 1-20; 2 Samuel 7: 4-16
Dec 4 – Psalm 102; Zephaniah 3: 14-20
Dec 5 – Psalm 90; Micah 5: 2-6

Second Week in Advent

Dec 6 – Psalm 25; Isaiah 7: 10-17
Dec 7 – Psalm 110; Isaiah 9:1-7
Dec 8 – Psalm 40; Isaiah 11: 1-10
Dec 9- Psalm 67; Isaiah 35: 1-10
Dec 10 – Psalm 69; Isaiah 40: 1-11
Dec 11 – Psalm 16; Isaiah 53: 1-12
Dec 12 – Psalm 85; Isaiah 60: 1-7

Third week in Advent

Dec 13 – Psalm 132; Haggai 2: 1-8
Dec 14 – Psalm 91; Jeremiah 23: 5-8
Dec 15 – Psalm 2; Jeremiah 33: 14-16
Dec 16 – Psalm 14; Zechariah 9: 9-13
Dec 18 – Psalm 126; Malachi 4: 1-6
Dec 19 – Psalm 62; Luke 1: 5-25

Fourth Week in Advent

Dec 20- Psalm 130; Luke 1: 26-38
Dec 21 – Psalm 16; Luke 1: 39-56
Dec 22 – Psalm 80; Luke 1: 57-80
Dec 23 – Psalm 72; Matthew 1: 18-25
Christmas Eve – Psalm 96; Luke 2: 1-20
Christmas Day – Psalm 97; John 1: 1-18

PRAYERS OF THE WEEK FOR ADVENT

First Sunday in Advent

Stir up Your power, O Lord, and come, that by your protection we may be rescued from the threatening perils of our sins and saved by your mighty deliverance, for You live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.

Second Sunday in Advent

Stir up our hearts, O Lord, to make ready the way of Your only begotten Son, that by His coming we may be enabled to serve You with pure minds; through the same Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Third Sunday in Advent

Lord Jesus Christ, we implore You to hear our prayers and to lighten the darkness of our hearts by Your gracious visitation; for You live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.

Fourth Sunday in Advent

Stir up Your power, O Lord, and come and help us by Your might, that the sins which weigh us down may be quickly lifted by Your grace and mercy; for You live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.

Christmas Eve

O God, you have caused this holy night to shine with the brightness of the true Light: Grant that we, who have known the mystery of that Light on earth, may also enjoy him perfectly in heaven; where with you and the Holy Spirit he lives and reigns, one God, in glory everlasting. Amen

Christmas Day

Almighty God, you have given your only-begotten Son to take our nature upon him, and to be born this day of a pure virgin: Grant that we, who have been born again and made your children by adoption and grace, may daily be renewed by your Holy Spirit be honour and glory, now and forever. Amen.



CHRISTMAS MUSIC LINKS

Subject: The Christ Child: A Nativity Story | #Light The World

<https://youtu.be/yXWoKi5x3lw>

Subject: Carrie Underwood - Little Drummer Boy (Lyrics) Ft. Isaiah Fisher

<https://youtu.be/sDAI0WAPaU0>

Subject: World's Largest Virtual #Hallelujah Chorus

<https://youtu.be/akb0kD7EHIk>

Subject: When Love was born - sung by Mark Schultz

<https://youtu.be/aKSU9Dbxvrw>



**COLD LAKE CHRISTMAS
HAMPER PROJECT**
A PROJECT OF THE COLD LAKE FOOD BANK

Dear Friends:

The churches of Cold Lake and Pierceland have been partners in the Cold Lake Christmas Hamper Project for many years. This is a ministry that genuinely shares the spirit of Christmas, reflecting the gift of life God gave us in his Son, our Lord Jesus Christ.

The last three months of the year hold many meaningful and significant experiences for our congregations. We have just celebrated Thanksgiving and All Saints Sunday. And we are looking forward to Christ the King Sunday, Advent, Christmas and New Years. As we gather every Sunday and on these special days, we are reminded in a variety of ways of the Christian virtue of giving to help the vulnerable and needy in our community.

Christmas 2020 is going to quite different as we care for each other during the continuing Covid-19 Pandemic. Yet it is a wonderful time of year as we witness the whole community in and around Cold Lake work together to bring food into the Food Bank to support our neighbors who experience the encouragement and hope of receiving healthy groceries for their families. And what a joy it is to be ready just before Christmas with hampers full of groceries for Christmas Day meals and left overs for the next few days.

There are multiple ways your congregation can help. You can collect food. You can raise funds. You can recruit volunteers. You can pray. Thank you for your partnership and support,

Phil Crump Coordinator Cold Lake Christmas Hamper Project

Please make your check out to the **Cold Lake Food Bank** and mail to **5216 -55A Street, Cold Lake, Alberta T9M 1R3**. Call or Text (780) 201-6589 to arrange for donation drop off. The Cold Lake Christmas Hamper Project is a program of the Cold Lake Food Bank a registered charity 75898 5493 RR0001.



COLD LAKE CHRISTMAS HAMPER PROJECT

**REGISTER FOR A HAMPER AT THE
COLD LAKE FOOD BANK**

5216 55A Street

Wednesdays 10:00am-2:30pm

Fridays 6:00pm-8:00pm

Deadline November 30th

HAMPER PICK UP AND DELIVERY

Tuesday December 15, 5:00 to 7:00pm

INFORMATION DONATIONS VOLUNTEERING

PHONE: 780-201-6589



COLD LAKE CHRISTMAS HAMPER PROJECT

**HELP KEEP THE FOOD BANK FULL
DURING THE CHRISTMAS SEASON**

AND INTO THE NEW YEAR

CALL OR TEXT

780-201-6589

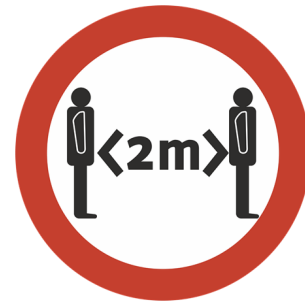
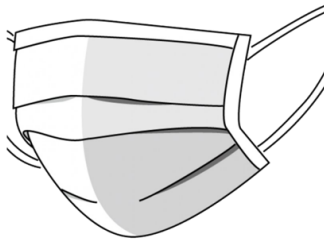
**OR MESSAGE <https://www.facebook.com/coldlakefoodbank>
TO ARRANGE DROP OFF OF YOUR FOOD DONATION**

Access to the Church - COVID19

During this time of COVID19 we must follow the current sanitizing protocols laid down by Alberta Health Authority when accessing the church building. If you must access the church building please ensure the following are carried out:


- Please bring your own mask.
- All visitors must wear masks, sanitize your hands and sign in on entering the building. If you forget your mask there will be one available in the entrance along with hand sanitizer and sign-in sheet.
- Social distancing of 2 meters should be maintained wherever possible, even while wearing a mask. 2 meters when not wearing a mask outside of the building..
- All surfaces touched by each person, including but not limited to, chairs, tables. door handles, toilet handles, alarm pad, light switches, telephone, photocopier touch pad, computer keyboard/mouse, must be sanitized after use.
- On leaving the building please ensure the alarm pad and main door handles are sanitized.

It is everyone's responsibility to make our church a safe place to be.



COVID-19

Have you travelled outside Canada within the last 14 days?
Or been in close contact with a confirmed or probable case of COVID-19?
OR
Do you have a fever, or cough, runny nose, sore throat or shortness of breath?
If yes, STOP.



Help prevent any potential spread of COVID-19 and other illnesses.
Please do not visit today if you are unwell.

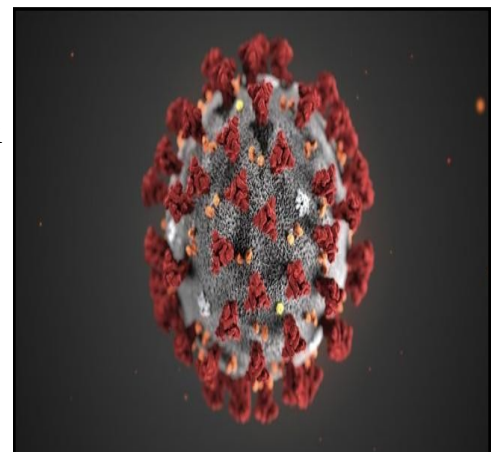
Original date: MARCH 2020
For more information, visit: www.aha.ca/covid



COVID-19

If you are sick with cold and/or flu like symptoms, please stay at home. Call Alberta Health Link at 811 for information. If you have a severe fever or are having trouble breathing, call 911. Do not go to emergency until instructed to by 911!

If you are sick and/or quarantined and cannot go out but urgently need medicine or a few groceries delivered, volunteers are here to help. Please call our office: 587-201-2234



Pastoral Support

In the event of a pastoral emergency please contact Rev. Donna Gauthier 780-826-8549
Rev Donna would appreciate if your initial contact is by text as she works during the day.
She will then contact you back as soon as possible.



So
Sorry
for
Your
Loss

It is with great sadness that we have been asked by Tanya Hintz to inform you of the sudden passing of her mother, Darlene Keyowski, in November. Many of you will remember Darlene as a volunteer for our summer kids' camp.

Our prayers are with the entire Hintz family at this sad time.

Online Service Prayer Requests

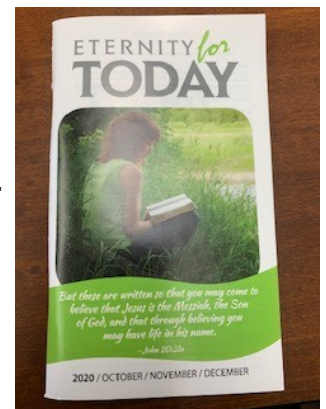
Now that we are connecting with Hosanna Lutheran Church in Edmonton we are forwarding our names to be included on their prayer list. If you have someone you would like to add to the list please give me a call at 780-594-6378 and I will pass it on. I need the names NO LATER than Thursday noon of the week before the Sunday you want the names to be read. These names will be read out loud for 2 weeks and then can be repeated or put on an extended list which is in their Sunday bulletin. The names remain there until informed to remove them. Right now we repeat these names, Joel, Jane & Dakota on the out loud list and the James family, Kirstein family, & Klinger family too.

Worship Committee

ETERNITY FOR TODAY

This is a small booklet with a prayer for each day of the week, a short devotional, followed by a prayer and scripture reading. It is a great way to jump start your day. The cost is \$10:00 for the year and every three months you receive another booklet in your mailbox at church or by home delivery. By now I have spoken to most of the previous subscribers about renewing their subscriptions but if there is anyone I have missed please contact me (Helen Flaming) at 780-594-6378. The same goes for anyone that wishes to have their name removed from the list.

If there are any new members wishing to subscribe please call me. Please leave your name and phone number if I'm not home so I can return your call.

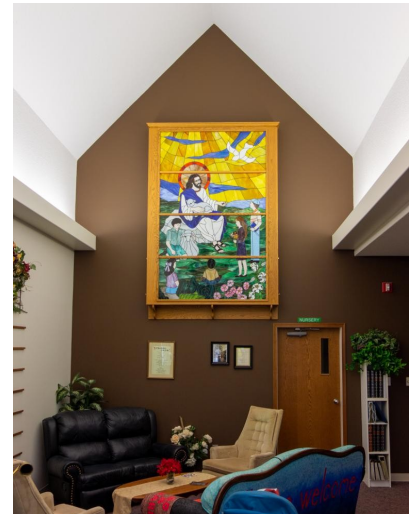


Worship Committee



If you haven't already noticed the little White House that's placed beside the sea can please do so next time you drive by. It's to cover the freshwater tank inlet.

For those of you who have not been able to access the church recently because of Covid 19, here's a look at our lovely newly painted Narthex.



SECRET SISTER REMINDER

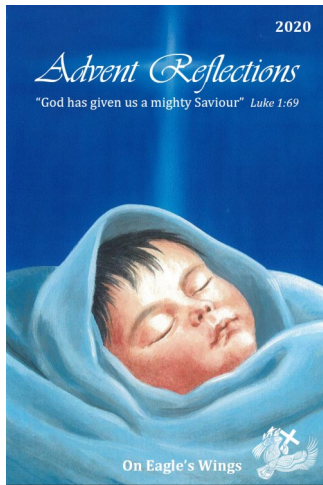
Thank you to all the ladies in the program who agreed to continue with their last year's secret sister. Because of the restrictions with the Covid pandemic we were unable to hold our usual salad supper where secret sisters are revealed and new ones are chosen. There was some shuffling to do because of people moving and so those affected I hope you are enjoying your new secret sister. As things seem to be on the up rise it is especially important to stay in touch with your secret sister.



Christmas is just around the corner and it is usually the time we remember our secret sister with a special gift. For your convenience the UBER driver, free of charge, is still available to pick up your gift and deliver it for you or you can drop it off at my house at 5812-53 Ave Cold Lake. Just call 780-594-6378 and I will be there.

Make this special for the remainder of 2020 and to continue into 2021.

Helen Flaming, Secret Sister Coordinator



On Eagle's Wings has prepared a book of Advent Reflections for 2020. It is available as a PDF to download on their website:

www.oneagleswingsnorth.com. There will also be a link to download it on the Lakeland Lutheran Church website. The church will be receiving a limited number of paper copies this year. If you require a paper copy please contact the church office (780-639-4673) to make arrangements to pick one up.

The On Eagle's Wings website also provides links to donate in support of their ministry.

THANK YOU



A big thank you for the church's very thoughtful and generous gift - we will be using it for Mira's RESPs this year. Hopefully, in the near future, Mira can make a trip up to Cold Lake and meet everyone, in person, in the congregation that made such an impact on her dad's life.

Rakhee & Ethan Wollmann

CONGRATULATIONS

to Scott and Ashley, now, Mr & Mrs Maurer as they were married on Oct 10th.

In lieu of a shower, Service and Care would like to gather monetary gifts from those who would like to participate. Anyone who wishes to give, please drop your monetary envelope, with your name and the word "Wedding" on it, into the church (office hours Mon-Thurs 9am-noon) by Dec 11th.

Thank you.



Dec 23 Bernie Hartman & Keith Scheidt
Dec 30 Helen & Tom Stolfa

Dec 29 Molly Pedersen
Dec 31 Cal Gerber

Jan 8 Laurie Pierce
Jan 9 Anne Tucker
Jan 16 Lisa Broussard
Jan 21 James March
Jan 22 Josephine Sinclair
Jan 24 Joy Summach
Jan 27 Nancy Gerber
Jan 29 Dana Petterson

Upcoming Events & Announcements

ONLINE WORSHIP

Welcome everyone to the wonderful world of 'online worship'

Due to the wonders of technology we can watch the Sunday Worship Service provided by Hosanna Lutheran Church on our website:
lakelandlutheran.com



As it is a Live-stream service the link will be put on to our website shortly before 10am on Sunday. If you have any issues connecting, please contact Kathy on 587-201-2234

CHECKOUT THE DECEMBER 2020 & JANUARY 2021 CALENDAR FOR ALL ACTIVITIES.



Are we missing anything in our newsletter? Or is there something you wish we would have in our newsletter on a ongoing basis?

Remember all inclusions for the February newsletter must be to the church office by January 25th

Please phone the church office with your ideas or necessary inclusions. Kathy is waiting for your call or email.

In accordance with the Alberta Health Service guidelines Kathy is now back at the church Monday to Thursday , 9am to noon. If you need access to the church to drop something off, or pick something up, outside these hours please contact Kathy to make any necessary arrangements.



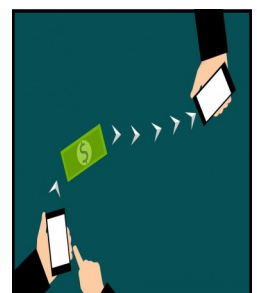
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YOUR OFFERING

You are now able to e-transfer money to the church. If you wish to do this please use the following email to e-transfer from your account.

financialsecretary@lakelandlutheran.com

You can also drop your offering at the church during normal office hours or mail to us at Box 456, Cold Lake, AB T9M 1P1. Thank you for your continued support of our church.



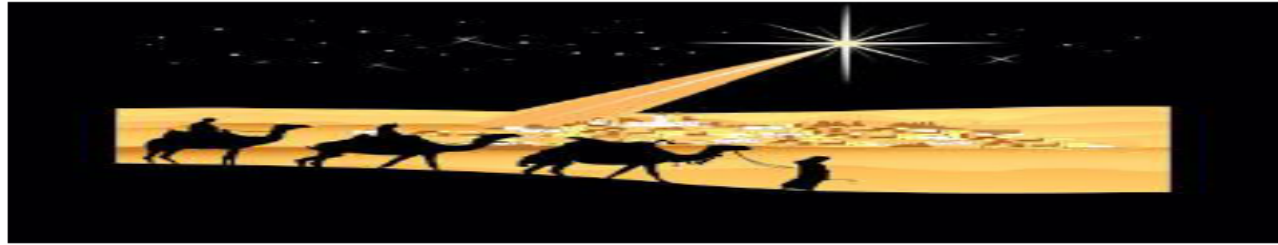


Mitten Tree for LAMP - Support Month

(REGULAR OFFICE HOURS: MON – THURS, 9AM – NOON)

We pray this month for the following families: Kublik; Le & Lohmaier

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st Sunday of Advent 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca 11 AM zoom Sunday School with Hosanna		10 AM zoom Bible Study with Hosanna 5 PM Zoom Confirmation Class	7 PM Witness & Outreach Committee Meeting	10 AM zoom Bible Study with Hosanna Lakeland Lutheran online Children's Christmas Program	10 AM Worship Committee Meeting	
2nd Sunday of Advent 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca		5 PM Zoom Confirmation Class Lakeland Lutheran online Children's Christmas Program	9.30 AM – Noon, Noon – 2.30 PM Food Bank	10 AM zoom Bible Study with Hosanna		
3rd Sunday of Advent 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca	Lakeland Lutheran online Children's Christmas Program		7.15 PM Council Meeting	11 AM Ministerial Meeting		Lakeland Lutheran online Children's Christmas Program
4th Sunday of Advent 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca	Blue Christmas online Service		5 PM Education Committee Meeting	CHRISTMAS EVE (Office closed) Lakeland Lutheran online Children's Christmas Program	CHRISTMAS DAY (Office closed Stat Holiday)	
1ST Sunday of Christmas 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca			9.30 AM – Noon, Noon – 2.30 PM Food Bank	New Years Eve (Office closed)	New Years Day (Office closed Stat Holiday)	



JANUARY 2021 – EPIPHANY BEGINS

(REGULAR OFFICE HOURS: MON – THURS, 9AM – NOON)

We pray this month for the following families: MacLeod, Mann & March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1ST Sunday of Christmas 27 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca	28	29	30 9.30 AM – Noon, Noon – 2.30 PM Food Bank	31 New Years Eve (Office closed)	1 New Years Day (Office closed Stat Holiday)	2
2nd Sunday of Christmas 3 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca	4	5	6 Epiphany of Our Lord 7 PM Witness & Outreach Committee Meeting	7	8 9 AM Service & Care Committee Meeting 10 AM Worship Committee Meeting	9
Baptism of Our Lord 1st Sunday after Epiphany 10 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca 11 AM zoom Sunday School with Hosanna	11	12	13	14 10 AM zoom Bible Study with Hosanna	15	16
2nd Sunday after Epiphany 17 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca 11 AM zoom Sunday School with Hosanna	18	19	20 9.30 AM – Noon, Noon – 2.30 PM Food Bank 7.15 PM Council Meeting	21 10 AM zoom Bible Study with Hosanna 11 AM Ministerial Meeting	22	23
3rd Sunday after Epiphany 24 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca 11 AM zoom Sunday School with Hosanna	25	26	27 5 PM Education Committee Meeting	28 10 AM zoom Bible Study with Hosanna	29	30
4th Sunday after Epiphany 31 10 AM Worship online lakelandlutheran.com or hosannalutheran.ab.ca 11 AM zoom Sunday School with Hosanna	1	2	3 7 PM Witness & Outreach Committee Meeting	4 10 AM zoom Bible Study with Hosanna	5 9 AM Service & Care Committee Meeting 10 AM Worship Committee Meeting	6